

Crockpot Roast

By Judi Low



1 3-4 lb. beef roast (I used a rump roast)

1 pkg. dry ranch dressing mix

1 pkg. dry brown gravy mix

1 pkg. dry Italian dressing mix

½ cup water

Spray crockpot with nonstick cooking spray. Place roast in crockpot. Sprinkle all 3 dry mixes over roast. Add water to crockpot. Cook on low for 8 hours. (I added baby carrots and new red potatoes about half way through the cooking time)